AS SEEN IN

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Shalini Katikaneni, M.D.

INTERNAL MEDICINE, OBESITY MEDICINE

Affectionately known to her patients as "Dr. K," Dr. Shalini Katikaneni treats a broad range of conditions and is a strong advocate for preventive care. She has a special interest in obesity medicine. For many patients, she says, chronic conditions, such as hypertension, diabetes, and cardiovascular disease, can be prevented or in some cases, reversed, with weight loss and lifestyle changes.

"Although my practice is not a concierge medicine practice, I spend a lot of time with my patients and am focused on more personalized, individual care," she says. "My goal is to keep patients healthy and to respond to illnesses with treatment plans tailored to their individual needs."

In practice since 2008, Dr. Katikaneni is an active member of The Obesity Society as well as the Texas Medical Association and American Medical Association.



EDUCATION
M.D., Rajiv Gandhi University Health Sciences, India; Residency, Texas Tech University Health Science Center

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